



# JUNE 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breastfeeding classes can also be scheduled at the Laurel clinic. Call (410) 313-0630 for monthly schedule <b>To Contact a Breastfeeding Counselor near you:</b> Columbia: (410) 313-7206 Savage/Laurel: (410) 313-0630 <b>Howard County WIC Program:</b> (410) 313-7510			<b>1</b> Breastfeeding Class: "The Benefits of Breastfeeding" English @ 9:30 am Breastfeeding Class: "The Benefits of Breastfeeding" (Part I) @ 2:30 pm	<b>2</b> Breastfeeding Support Group @ 10:00 am Breastfeeding Class: English "Getting Started" at the Columbia Clinic @ 2:00 pm	<b>3</b>	<b>4</b>
<b>5</b>	<b>6</b> Breastfeeding Class: "Getting Started" (Part II) at the Columbia Clinic @ 10:00 am	<b>7</b>	<b>8</b> Breastfeeding Class: "The Benefits of Breastfeeding" English @ 9:30 am Breastfeeding Class: "The Benefits of Breastfeeding" (Part I) @ 2:30 pm	<b>9</b> Breastfeeding Support Group @ 10:00 am Breastfeeding Class: English "Getting Started" at the Columbia Clinic @ 2:00 pm	<b>10</b>	<b>11</b>
<b>12</b>	<b>13</b> Breastfeeding Class: "Getting Started" (Part II) at the Columbia Clinic @ 10:00 am	<b>14</b>	<b>15</b> Breastfeeding Class: "The Benefits of Breastfeeding" English @ 9:30 am Breastfeeding Class: "The Benefits of Breastfeeding" (Part I) @ 2:30 pm	<b>16</b> Breastfeeding Support Group @ 10:00 am Breastfeeding Class: English "Getting Started" at the Columbia Clinic @ 2:00 pm	<b>17</b>	<b>18</b>
<b>19</b>	<b>20</b> Breastfeeding Class: "Getting Started" (Part II) at the Columbia Clinic @ 10:00 am	<b>21</b>	<b>22</b> Breastfeeding Class: "The Benefits of Breastfeeding" English @ 9:30 am Breastfeeding Class: "The Benefits of Breastfeeding" (Part I) @ 2:30 pm	<b>23</b> Breastfeeding Support Group @ 10:00 am Breastfeeding Class: English "Getting Started" at the Columbia Clinic @ 2:00 pm	<b>24</b>	<b>25</b>
<b>26</b>	<b>27</b> Breastfeeding Class: "Getting Started" (Part II) at the Columbia Clinic @ 10:00 am	<b>28</b>	<b>29</b>	<b>30</b>	<b>Services: Howard County</b> <ul style="list-style-type: none"> <li>Peer Counselor support</li> <li>Group BF Classes</li> <li>Individual BF Classes</li> <li>Electric pump demo</li> <li>Loaner Electric Pumps for moms returning to school/work</li> <li>Returning to work/school BF classes</li> </ul>	



# JULY 2016



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10	11 Breastfeeding Class: "Getting Started" (Part II) at the Columbia Clinic @ 10:00 am	12	13 Breastfeeding Class: "The Benefits of Breastfeeding" English @ 9:30 am Breastfeeding Class: "The Benefits of Breastfeeding" (Part I) @ 2:30 pm	14 Breastfeeding Support Group @ 10:00 am Breastfeeding Class: English "Getting Started" at the Columbia Clinic @ 2:00 pm	15	16
17	18 Breastfeeding Class: "Getting Started" (Part II) at the Columbia Clinic @ 10:00 am	19	20 Breastfeeding Class: "The Benefits of Breastfeeding" English @ 9:30 am Breastfeeding Class: "The Benefits of Breastfeeding" (Part I) @ 2:30 pm	21 Breastfeeding Support Group @ 10:00 am Breastfeeding Class: English "Getting Started" at the Columbia Clinic @ 2:00 pm	22	23
24/31	25 Breastfeeding Class: "Getting Started" (Part II) at the Columbia Clinic @ 10:00 am	26	27 Breastfeeding Class: "The Benefits of Breastfeeding" English @ 9:30 am Breastfeeding Class: "The Benefits of Breastfeeding" (Part I) @ 2:30 pm	28 Breastfeeding Support Group @ 10:00 am Breastfeeding Class: English "Getting Started" at the Columbia Clinic @ 2:00 pm	29	30



# AUGUST 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Services: Howard County</b> <ul style="list-style-type: none"> <li>Peer Counselor support</li> <li>Group BF Classes</li> <li>Individual BF Classes</li> <li>Electric pump demo</li> <li>Loaner Electric Pumps for moms returning to school/work</li> <li>Returning to work/school BF classes</li> </ul>			<b>To Contact a Breastfeeding Counselor near you:</b> Columbia: (410) 313-7206 Savage/Laurel: (410) 313-0630	<b>Breastfeeding classes can also be scheduled at the Laurel clinic. Call (410) 313-0630 for monthly schedule</b>	<b>Howard County WIC Program: (410) 313-7510</b>	
	<b>1</b> Breastfeeding Class: "Getting Started" (Part II) at the Columbia Clinic @ 10:00 am	<b>2</b>	<b>3</b> Breastfeeding Class: "The Benefits of Breastfeeding" English @ 9:30 am Breastfeeding Class: "The Benefits of Breastfeeding" (Part I) @ 2:30 pm	<b>4</b> Breastfeeding Support Group @ 10:00 am  Breastfeeding Class: English "Getting Started" at the Columbia Clinic @ 2:00 pm	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b> Breastfeeding Class: "Getting Started" (Part II) at the Columbia Clinic @ 10:00 am	<b>9</b>	<b>10</b> Breastfeeding Class: "The Benefits of Breastfeeding" English @ 9:30 am Breastfeeding Class: "The Benefits of Breastfeeding" (Part I) @ 2:30 pm	<b>11</b> Breastfeeding Support Group @ 10:00 am  Breastfeeding Class: English "Getting Started" at the Columbia Clinic @ 2:00 pm	<b>12</b>	<b>13</b>
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<b>28</b>	<b>29</b>	<b>30</b> <b>Breastfeeding Month Celebration. 10 am to noon. For information call (410) 313-7510</b>				

